



Week 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Meal

Pork Sausage and Mash with Onion Gravy

Chinese Style Chicken with Wholegrain Rice

Roast Turkey, Stuffing, Roast Potatoes, Yorkie and Gravy

Cottage Pie with Root Vegetable Mash

Fish Fingers and Chips

Vegetarian Main Meal

Cheese, Tomato and Spinach Puff Pastry Slice

Sweet and Sour Quorn with Vegetables and Wholegrain Rice

Macaroni and Broccoli Bake

Quorn Cottage Pie with Root Vegetable Mash

Southern Spiced Crispy Quorn Burger in Floured Bap

Vegetables

Garden Peas

Carrots

Roasted Root Vegetables

Sweetcorn

Garden Peas

Jacket potatoes

Baked Beans, Tuna Mayo or Cheese

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Baked Beans, Tuna Mayo or Cheese

Baked Beans, Tuna Mayo or Cheese

Pudding

Berry Fruit Crumble and Custard

Classic Shortbread

Strawberry Yoghurt Fool

Warm Brownie with Chocolate Custard

Lemon Drizzle Cake with Yoghurt Topping

Fruit/ Yoghurt

Seasonal Fresh Fruit and Yoghurt Bar Available Daily



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Bolognese with Pasta	Ham and Cheese Pizza with Baked Wedges	Roast Gammon, Stuffing, Roast Potatoes, Yorkie and Gravy	BBQ Chicken Breast and Baked Wedges	Fish and Chips
Vegetarian Main Meal	Baked Veggie Nugget Tortilla Twister	Roasted Vegetable Lasagne	Quorn Roast, Stuffing, Roast Potatoes, Yorkie and Gravy	Margherita Pizza and Baked Wedges	Roasted Pepper and Tomato Quiche with Chips
Vegetables	Broccoli	Sweetcorn	Steamed Seasonal Vegetables	Garden Peas and Carrots	Baked Beans
Jacket potatoes	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese
Pudding	Blueberry Yoghurt Fool	Pineapple Upside down Cake with Custard	Orange Mandarin Jelly	Apple and Pear Crumble and Custard	Fruity Cookie
Fruit/ Yoghurt	Seasonal Fresh Fruit and Yoghurt Bar Available Daily				



Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Turkey Meatballs in Tomato Sauce with Whole Wheat Pasta	Mild chicken Korma with Wholegrain Rice	Roast Pork, Stuffing, Roast Potatoes, Yorkie and Gravy	Beef Lasagne	Salmon Fishcakes and Chips
Vegetarian Main Meal	Quorn and Vegetable Bake with Crispy Potato Topping	Roasted Vegetable and Bean Enchilada	Veggie Sausages, Stuffing, Roast Potatoes, Yorkie and Gravy	Butternut Squash, Spinach and Coconut Curry with Wholegrain Rice	Broccoli and Cheddar Cheese Quiche with Chips
Vegetables	Broccoli and Carrots	Mixed Seasonal Vegetables	Roasted Root Vegetables	Green Beans	Garden Peas
Jacket potatoes	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese
Pudding	Oaty Apple Crumble and Custard	Fruity Flapjack	Jam Sponge and Custard	Blueberry Muffin and Yoghurt Drizzle	American Pancake with Forest Fruit or Syrup
Fruit/ Yoghurt	Seasonal Fresh Fruit and Yoghurt Bar Available Daily				